



# What's on Your Plate?

## DINING GUIDE

Muhlenberg's dining program offers variety, convenience and flexibility to students living on and off campus. Campus meal plans are designed to fit the lifestyles of Muhlenberg students.

 Muhlenberg  
College

# #1 COLLEGE FOOD IN PENNSYLVANIA

—NICHE 2023

## Welcome to the Club

Food plays an important role in nourishing both students and campus life at Muhlenberg College. A vibrant dining experience is vital to create an environment where all members of the campus community are eager to gather around the same table. Muhlenberg Dining fulfills this need with restaurant-quality food made fresh from the best available local ingredients served by a friendly and welcoming staff. Because of our commitment to creating an exceptional student experience, our program has earned national recognition as one of the best dining programs in the United States from *The Princeton Review*, *The Huffington Post*, *Yahoo*, *Cappex* and *The Daily Meal*. Whether you choose to relax in the Wood Dining Commons, grab a latte at Java Joe, sample sushi at the GQ or recharge with a smoothie at the LSC Cafe, we can offer a dining option to fit your mood and, most importantly, your lifestyle at Muhlenberg College.

## Sustainability

Muhlenberg Dining takes pride in providing a nutritionally balanced, appealing selection of food to meet varying lifestyles of our customers through unique and engaging experiences. Sustainable dining is an important component to that balance. We believe in enriching the quality of life for Muhlenberg by connecting with the traditions of local agriculture. We support local farms and strive to educate our clients and customers on the benefits of nutritionally dense food that is good for both us and the environment.

*“Food is always delicious with a variety of options. The staff are so nice and helpful!”*

—ANONYMOUS FROM SPRING 2022 SURVEY



## WOOD DINING COMMONS SEEGERS UNION



We accept Swipes, Dining Dollars, 'Berg Bucks



### Chef's Table

Enjoy your favorite and local and regional specials prepared with a flare.



### Croutons

Selected from local farms when grown in season. Enjoy a fresh, tossed-to-order Caesar salad or toss of the day.



**NEW!**

### Simple Servings

A dedicated food station absent of gluten and eight of the nine most common allergens.



### Wildfire Grille

Not just for meat lovers! Separate grills, fryers and utensils for vegetarian options.



### Noshery

Separate Meat and Dairy Kitchens featuring traditional favorites as well as daily specials. Closes at 2pm on Fridays in observance of the Sabbath.



### Mangia Mangia

Tuscan-style oven featuring hand-tossed pizzas, calzones, cassettes, pastas & fresh bread sticks.



### Chew St. Deli

Sandwiches, wraps, and paninis form our selection of fresh breads, meats, cheeses and toppings or enjoy our scratch-made soups.

\*Cash, Credit, Debit are also accepted.

## GENERAL'S QUARTERS SEEGERS UNION



We accept Dining Dollars & 'Berg Bucks



### 'Bergers Grill

Whether it's breakfast, lunch, or dinner, an omelet or a burger, the grill is the place to get your favorites!



### Ikigai

Sushi made fresh daily right in front of our customers! Conveniently packaged for those on the run!



### Simply to go

Freshly prepared sandwiches, salads, sides and snacks are conveniently offered for those in a hurry!



### Subconnection

Choose from a variety of meats, cheeses and toppings to create your own sandwich on our freshly baked breads!

## MULE EXPRESS SEEGERS UNION



We accept Swipes



### Restaurant on the Run

The Mule Express offers a variety of unique options designed for an "on the go" lifestyle. Students enjoy the weekly menu with favorites they can expect all week. *This restaurant is exclusively for meal plan members.*

## LSC CAFE LIFE SPORTS CENTER



We accept Dining Dollars & 'Berg Bucks



### Smoothies, Crepes, Salads, Sandwiches

Conveniently located in the Life Sports Center where grabbing a refreshing smoothie and a fresh crepe, salad, or sandwich at Cyclone Salads are a healthy reward after a great workout!

## JAVA JOE SEEGERS UNION



We accept Dining Dollars & 'Berg Bucks



### Starbucks Coffee

Starbucks coffee on demand! Enjoy the convenience of this new, innovative bean-to-cup coffee brewer!

## STARBUCKS TREXLER LIBRARY

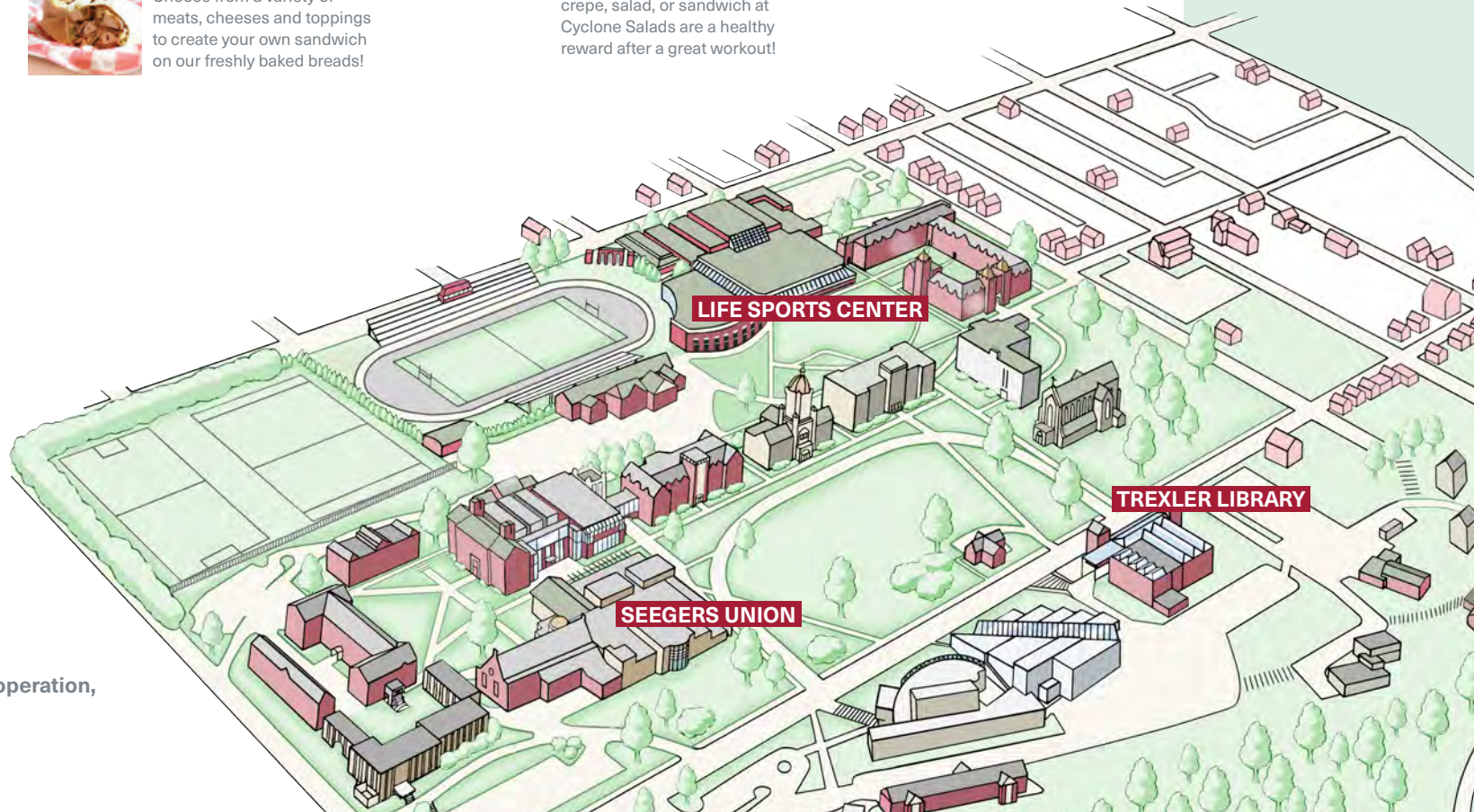


We accept Dining Dollars & 'Berg Bucks



Whether you enjoy your morning brew or a quick afternoon pick me up, Java Joe is our corner Starbucks in the hub of the campus!

WHERE TO  
*Dine*  
ON CAMPUS



To view the most up-to-date hours of operation,  
**SCAN HERE.**

# FAQs

## Where can I use my meal plan on campus?

Meals can be used in the Wood Dining Commons and the Mule Express. Dining Dollars and 'Berg Bucks are accepted at all of our dining locations.

## How are Dining Dollars different from 'Berg Bucks?

Dining Dollars are included in several meal plans and can only be used at on-campus dining venues. 'Berg Bucks are not included in any meal plan; however, they can be used at on-campus dining venues, the 'Berg Bookshop and laundry machines in major residence halls.

## What happens if I run out of Dining Dollars?

You can add funds to your 'Berg Bucks account online at any time. Visit our website, [dining.muhlenberg.edu](http://dining.muhlenberg.edu), click on the 'Berg Bucks link on the homepage, and follow the on-screen instructions.

## What is continuous dining?

Continuous dining is available in the Wood Dining Commons so that our guests can enjoy a meal around their specific schedules. Multiple restaurants are always open with a variety of foods, from the time we open until we close.

## What are guest meals?

Platinum Membership includes 10 guest meals per semester. Guest meals may be used to swipe friends and family into the Wood Dining Commons or Mule Express.

## What happens to unspent Dining Dollars?

Unused Dining Dollars roll over from Fall semester to Spring semester but are forfeited at the end of the academic year.



# Nutrition & Allergy Awareness

We recognize the growing need on campus for various dietary needs such as gluten-free, lactose-free and Kosher. We offer gluten friendly foods as well as Star K- and Star D- certified Kosher cuisine in the Wood Dining Commons along with packaged snacks and convenience items in the General's Quarters. We also offer a wide variety of vegan and vegetarian options every day.

In our continuing efforts to meet our customers' needs, we try to give every consideration to students who have special dietary requirements. Students with verified medical conditions are required to register with the Office of Disability Services. We also have a registered dietitian available by appointment to assist students. **To schedule an appointment, please email [diningcomments@muhlenberg.edu](mailto:diningcomments@muhlenberg.edu)**

**Simple Servings** is a dedicated food station in the Wood Dining Commons absent of gluten and eight of the nine most common allergens that collectively represent approximately 90% of all food allergies: milk, eggs, wheat, soy, shellfish, peanuts, tree nuts and sesame.



Gluten Friendly Vegetarian



Vegan Kosher



To learn more about Simple Servings **SCAN HERE.**



# Student Employment

Catering is the perfect opportunity for students to earn some cash right here on campus with flexible hours that fit into their schedule.

Java Joe is not only a great place for Starbucks coffee and fresh-baked goods, it's a great place for students to work on campus. Java Joe is operated by our team of student baristas who complete the official Starbucks training program right here on campus.

Student internships are available throughout the academic year. We strive to educate students in food marketing, culinary management and sustainability. In return, students gain valuable on-the-job experience!

**Contact us at [diningcomments@muhlenberg.edu](mailto:diningcomments@muhlenberg.edu) for more information regarding internships.**



# Stay Connected

Get the latest information and news by following us on Instagram, Tik Tok, or Facebook and by downloading the Everyday app.

